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Options Trading for FREEDOM!



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Seven Incredibly Popular Options Trading Strategies For Daily Profits!

First a quick note.

There are thousands of options trading strategies out there. Probably a strategy for every options trader alive!

That said, a handful of trading strategies are finding some excitement amongst traders.

The most important thing to understand is different strategies thrive in different types of markets. So what worked last year, might not work this year.

That's why knowing how to use different strategies is critical.

Below is a quick overview of SEVEN different strategies.

I encourage you to dive in deeply and gather an intimate knowledge of these and many more. You'll find a lot of information about these strategies on our website Zenmoneynews.com

Visit soon to learn about more ways to profit from options.

One last comment, some of these strategies are more risky than others... so make sure you understand what you're doing BEFORE placing any trade.

So without further delay, here are seven popular options trading strategies:

Strategy One: Buying A Call or A Put

This is the most basic of option trade out there.

If you believe a stock might move up, you buy a call option.

If you think it's heading lower, you buy a put option.

You're making a directional bet on the underlying stock. These types of trades are the simplest to understand, but can whipsaw very quickly in price.

Strategy Two: The Covered Call

This is a favorite strategy of many retired investors... it's also the only strategy allowed in your IRA!

Here you simply buy 100 shares of a particular stock... they SELL a call option for that stock at a higher price.

You capture the premium in the option, and wait for it to expire worthless... then do it again! And again... and again... and again!

It's a great strategy to protect against the downside... and an easy way to collect regular income.

Strategy Three: The Married Put

This is the insurance play.

Let's say you own a stock, but for whatever reason don't or can't sell it.

You purchase a put option to protect yourself from the stock falling in price. It's a simple insurance policy...

It costs you money, but you have some insurance on your investment.

Strategy Four: The Collar Trade

Ok, now things are getting a bit more complex.

The Collar trade is when you own a stock... say 100 shares of some blue chip... and you sell a **call** and buy a **put** at the same time.

You capture the premium for your call option... and use part of the premium to buy your put option.

It's like getting your insurance at a discount!

Strategy Five: Credit Spreads

A credit spread is when you simultaneously buy and sell a call option... or a put option.

A Bear Call Spread is used with Call options.

A Bull Put Spread is used with Put options.

Let's look at a Call credit spread... you would sell a call at say a strike of \$55 and at the same time buy a call at \$60.

You capture the premium from the \$55 option, and spend a little for the \$60 option, putting money in your pocket.

Another great strategy for putting cash in your pocket every month.

Strategy Six: Iron Condor

I love the name of this trade...

The IRON CONDOR (sounds like a great rock band, right!) is when you put on a credit spread using both calls and puts on the same stock!

Complicated... yes.

But again very profitable and a great way to generate cash... when done right.

Strategy Seven: Bear Spread

This is a great trade if you expect the stock price to fall.

You buy put options at one strike price and sell the same number of puts at a lower strike price.

Make sure to use the same expiration date!

[More on Options...](#)

Like I said, there are thousands of different options strategies. Some do better in up markets, others in down markets, and still others in flat markets!

No matter what you trade, it's important you understand all the details around how and why you're placing a trade, and what to do if it goes right - or wrong!

One last tip before I go...

Don't be afraid to seek out the help of a more experienced trader. Even the best players in sports have coaches... and you should too!

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